Repeat after me the following words:

Lay  
Low  
Lake  
Link

Next:

Blue  
Fly  
Flight  
Play

Repeat after me more challenging words:

Mellow  
Rally  
Legal  
Leather

Next:

Lavender  
Terminal  
Religion  
Restless

Repeat after me the following phrases:

Leave it alone  
Little by little  
Last but not least  
A little later  
All's well that ends well